

## Fees

### Daytime retreats

- \$175 per day for use of facilities for 25 persons
- \$7 per person for each additional person

### Overnight retreats

- \$250 per night for 25 persons
- \$10 per person for each additional person

### Food

- Breakfast, continental - \$5 per person
- Breakfast, cooked - \$10 per person
- Lunch, sandwich - \$10 per person
- Dinner, cooked - \$15 per person
  - *May bring your own food.*
  - *Kitchen is available.*
  - *Refrigerator and freezer space is limited.*

### Retreat preacher

- \$150 per day for one of the Salesian Fathers or Brothers.

### Reservations

- \$175 deposit required to make a reservation.
- Balance of payment is due the day of the event.

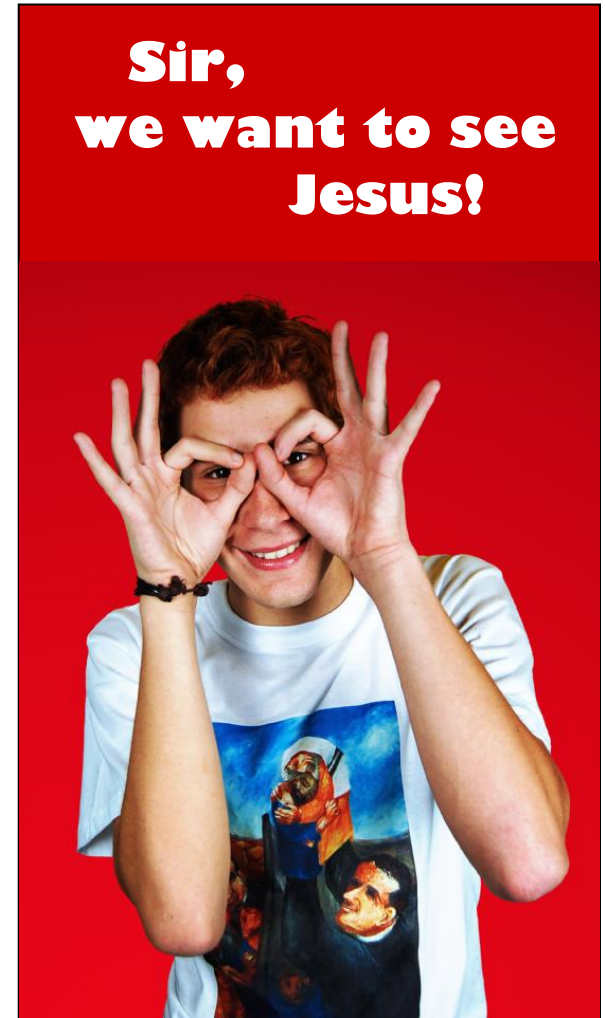


## Directions

**From Interstate 4**, use exit 5. Follow Dr. Martin Luther King Jr. Blvd. westbound toward Tampa. Turn right onto 56th Street, go one block. Turn right on East Chelsea Street. Go to 6400 East Chelsea which will be on your left. Drive through the citrus grove to the large plantation house.

**From East Hillsborough Avenue**, turn southbound on 56th Street. East Chelsea Street can be found on 56th Street, between East Hillsborough Avenue and Dr. Martin Luther King, Jr. Boulevard. Turn left on East Chelsea Street. Drive through the citrus grove to the large plantation house.

*15 minutes from Busch Gardens*  
*20 minutes from the Tampa seaport*  
*25 minutes from the Tampa airport*  
*35 minutes from the Gulf of Mexico*  
*50 minutes from Disney World Orlando*



**Offer young people a way to meet the Lord through a spiritual retreat.**

**Mary Help of Christians Center**  
**6400 E. Chelsea Street**  
**Tampa, FL 33610-5251**

## Salesians of Don Bosco

The Salesians of Don Bosco have been directing spiritual retreats for youth the world over for more than 150 years. Our methods are those of St. John Bosco, the Catholic saint who is the patron of the young. Youth retreats offer opportunities for personal and spiritual growth.

## Way to Holiness

Young people can learn about Don Bosco's simple means to become holy, based on the teachings of St. Francis de Sales:

1. I will be cheerful.
2. I will do my duties well.
3. I will stay close to Jesus in the Eucharist.
4. I will honor and love Mary as my Mother and Helper.
5. I choose to be kind.
6. I want to serve rather than be served.

## Retreat Programs

Group leaders may reserve the facilities to direct their own retreat, or may choose from a set of ready-made retreats directed by the Salesians. These are offered as one day or multiple day events which can be tailored to serve an elementary, middle, high school or college age population.

Priests are available for Confessions, Mass or to provide a period of Eucharistic Adoration for any reservation.

Several types of retreat programs are available for retreats directed by the Salesians. Themes include:

- First Communion preparation
- Confirmation preparation
- Unity in Christ
- Christian Morality
- God's Goodness
- Image of Christ
- Journey to God

## Information

To make a reservation for your youth group, call 813-626-6191 or visit our website.

[www.mhctampa.org](http://www.mhctampa.org)



## Facilities

### Gathering spaces

- Mary Help of Christians Church (250 persons)
- Good Shepherd Chapel (40 persons)
- Gymnasium (900 persons)
- Outdoor pavilion (150 persons)
- Outdoor altar at the lakeside
- Lakeside picnic area

### Dining and meeting spaces

- Cafeteria (140 persons)
- Conference room (60 persons)
- Dining room (50 persons)
- MHC hall (150 persons)

### Sleeping accommodations

- Large dormitory, 100 cots available
- Shower/toilet facilities for men/women
- 3 private rooms with shower/toilet for chaperones